

**TERM 2 STARTS ON TUES 28TH, WED 29TH & THURS 30TH APRIL
TERM 2 FINISHES ON TUES 30TH JUNE, WED 1ST & THURS 2ND JULY**

WELCOME BACK

A warm welcome to all our Kindergym families and to new families joining us for the first time. We hope that you enjoyed a safe and happy holiday break.

Gym West also welcomes Tina Hutchins, our new Kindergym Leader-in -training. Tina and her family have been involved with Kindergym for many years, especially husband, Shaun who has been helping set-up for approximately 5 years!

Please give Tina your full support as she completes her training later this year.

TERM 2 IS FARM THEME

We are excited to see the return of a Farm Theme to the Kindergym. Farm activities are great fun and the children seem to connect really well to the animals. Look for activity cards each week that highlight the farm activities and share them with your child.

Please remember to stay with your child at all times during your Kindergym Session. Get the most out of your Kindergym session by exploring activities together and enjoy your child's movement experiences and development.



FAREWELL TO BELINDA

Thank you for your donations to say farewell to Belinda.. Belinda thoroughly enjoyed her time with us at Gym West and thanks everyone for their kind words and support.

←Jamie wishes Belinda all the best.

AIR GYM

The Air Gym created a big impression in the last two weeks of term. It was noisy and fun and most of the children had a great time!!



HOT CROSS BUNS

We hope that you enjoyed your hot cross buns over Easter. Thank you to all the families that supported the fundraiser with us. We raised just over \$100, which we hope to spend on new hoops and stands.

ABOUT YOUR KINDERGYM

- Gym West is a not for profit gymnastic club and is part of the Henley & Grange Youth Clubs Inc.
- We are managed by a **volunteer parent Committee**.
- Gym West is not part of the Henley High School but we do share the facility under a joint user agreement, therefore we are not funded by the High School in any way.
- We enjoy a good relationship with the High School and surrounding Primary Schools.
- GymWest runs many programs each week. These include **Kindergym** for 0—4 year olds, **Kindergym Junior** for 3 & 4 year olds, **General Gym** for 4½ and over, **Advanced General Gym** for skill improvement, **Girls Competition Gymnastics (WG)** and **Boys Competition Gymnastics(MG)**.

For further information on our programs please ask any coach or contact the Club on 8353 4770.

WINTER AT KINDERGYM

- Dress **warmly** for the winter months. The gym is not heated, however the children tend to warm up rather quickly as they participate in the activities.
- **Kindergym is great in the winter.** Enjoy movement activities out of the wind and rain! Share the activities and songs with your child.
- **Bare feet** are best for grip and sensory experiences. Nobody catches a cold through their feet.
- *"Coughs and sneezles spread diseases!"* Please do not come to Kindergym if your child is unwell. **Catch up sessions** are available. Please ask coaches for information.
- Siblings that are unwell should not attend a Kindergym session.



SESSION DAYS AND TIMES

2009

TUESDAY and WEDNESDAY

9am - 9.55am: 0 - 4 years

10am - 10.55am: 0 - 4 years

11am - 11.55am: 0 - 4 years

12.30pm - 1.25pm: 3 & 4 years

WEDNESDAY 1.30pm - 2.25pm 3 & 4 years (If numbers allow)

THURSDAY

9AM - 9.55am: 0 - 4 years


10am - 10.55am: 0 - 4 years

11.30am - 12.25pm: 3 & 4 years

TERM 2

FARM



WEEK	MOVEMENTS	ACTIVITIES
1 & 2 Scarecrow & Pigs	<ul style="list-style-type: none"> • Rocking • Rolling • Spinning • Climbing 	<ul style="list-style-type: none"> • Scarves • Hand and feet rhyme • Scarecrow activity • Feed the pig
3 & 4 Horses and Sheep dogs	<ul style="list-style-type: none"> • Spring and land • Spatial awareness • Locomotion • Directions 	<ul style="list-style-type: none"> • Castanets • Ribbons • Hurdles • Hoops • Puzzles • Feed the pony
5 & 6 Growing Bob the Builder	<ul style="list-style-type: none"> • Climbing • Grip work • Swing • Hang • Building. 	<ul style="list-style-type: none"> • Parachute • Fruit Salad • Collect Fruit • Happy Sticks • Rhythm • Climbing Wall
7 GYM-A-THON	GYM-A-THON	GYM-A-THON
8 Tractors	<ul style="list-style-type: none"> • Locomotion • Tracking 	<ul style="list-style-type: none"> • Mini Hoops
9 & 10 Sheep & Cows	<ul style="list-style-type: none"> • Balance • Textures • Colours 	<ul style="list-style-type: none"> • Ribbons • Colours • Balance circuit 

CLUB CONTACT

Kindergym Coordinator: Raelene Osborn: Ph: 8353 4770

ABN: 72 949 562 549

Kindergym Coaches: Raelene Osborn; Jo Wiseman; Tina Hutchins (Training)

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