

TERM 3 STARTS ON TUES 20TH, WED 21ST & THURS 22ND JULY

TERM 3 FINISHES ON TUES 21ST, WED 22ND & THURS 23RD SEPTEMBER

TERM 4 STARTS ON TUES 12TH, WED 13TH & THURS 14TH OCTOBER

TERM 3 KINDER ME

We welcome all our families to Kindergym in Term 3. We hope that your time at Gym West is enjoyable and valuable to your child's movement development.

This term our theme is **KinderMe**. Each week we will explore activities focusing on different parts of the body, from our toes to our noses! Colours, body shapes and numbers will also feature in the program.

GYM -A-THON

In week 8 we will host our very popular Gym West Gym-a-thon. This is our major fundraiser for the year and we look forward to your participation.

This event is big on participation and fun! During the Gym-a-thon the children receive an Activities Sheet and are encouraged to try each activity on the sheet. A sticker/stamp is received for each activity.

Each child receives a **ribbon** for participating.

Families are encouraged to collect sponsorship. For each family that collects \$5 or more they are placed in a draw for a "Free Term of Kindergym valued at \$80.

The money raised from the Gym-a-thon sponsorship will go towards equipment purchases.



10TH BIRTHDAY CELEBRATION

Gym West Kindergym celebrates our 10th birthday at the end of term 3 and we are very excited about this! We have special plans for week 10 including a dress-up day, party theme and Birthday Bags for the children. There will be more details closer to this event.

UNIVERSITY OF SOUTH AUSTRALIA

Once again Gym West will be hosting third year students from the University of South Australia studying Human Growth & Development.

A small number of students will be observing and participating in some of our sessions starting from week 3.

The value that Kindergym has to the development of movement patterns in children is recognised and we look forward to assisting the students in their studies.

Please speak to any Leader if you need more information. Thank you.



SET UP HELP

Our Kindergym is set up every night by a dedicated small group of helpers. We are in **GREAT NEED** of extra helpers.

We need one extra person for Monday nights from 8pm -9pm and one extra person for Tuesday night from 8.30pm—9.30pm. If you live close by and can help (mums or dads) are welcome please speak to Raelene or Tina. Fee discounts are offered to helpers. Thank you to the following helpers:

Shaun & Tina Hutchins, Julia Klar, Justin Payne, David Arscott, Anthony Brice, Jim McKinnon-Matthews, James King, Kirsten Bettcher, Nathan Wuttke and Gerry & Raelene Osborn.

KINDERGYM IS FULL

At this point all of our sessions are full and wait lists apply, even for "Come & Try" sessions. If you have friends that you would like to introduce to Kindergym, please let them know that bookings are essential. We review our lists weekly and attempt to get through them as quickly as possible. Thank you.

SOME IMPORTANT REMINDERS FOR OUR FAMILIES AT KINDERGYM

SUPERVISION: Please stay with your child and supervise their activities at all times.

FOOD: Food or drinks other than water are not permitted inside the gymnasium. This is a Club Rule for safety and hygiene.

MOBILE PHONES: Please switch mobile phones to silent during your session.

Children should not be left unattended on the floor if a parent is on the phone, this is for safety.

BARE FEET: Bare feet are best for grip and safety at Kindergym. Bare feet also allow for a sensory response to textures.

NAPPIES: Please use nappy change facility in foyer as once again spills do occur. Please take all nappies home with you and not place them in facility bins.

TOILET TRAINING: We kindly ask that families keep children in pull ups during Kindergym. Spills are very difficult to remove from mats.

PARKING: Please park safely in the car parks provided. Please do not park on the grass or drive over the kerb as this is causing damage. Additional parking is available in Harvey Street but please do not block driveways and be aware of no-parking zones.

SICKNESS: Please do not attend Kindergym if your child or yourself are not well. Please do not bring siblings to Kindergym if they are not well. Catch up sessions are available if you miss your session due to illness.

EMERGENCY PROCEDURES: Please make yourself familiar with the Emergency Procedures and Evacuation Plan located inside the gymnasium next to the Notice Board. Kindergym will have Emergency Drills throughout the year.

THANK YOU

NEWS

Welcome to Denise Kris. Denise has joined our Kindergym Team in Term 3 as our Kindergym Assistant. Denise is providing Administration Support to Kindergym and is looking forward to getting to know you all.

Many Gym West families attended the Ticklish Alsorts



concerts in the school holidays. It was lovely to see you all there and it looked like you were having a great time!

The concerts were put on by Kindergym South Australia as part of their 30th Birthday celebrations. "Radish the Pantomime Horse" made a special appearance just for Kindergym!

SESSION DAYS AND TIMES

2010

TUESDAY and WEDNESDAY

9am - 9.55am: 0 - 4 years

10am - 10.55am: 0 - 4 years

11am - 11.55am: 0 - 4 years

12.30 - 1.25pm: 3 & 4 years

1.30 - 2.25 3 & 4 years

THURSDAY

9AM - 9.55am: 0 - 4 years

10am - 10.55am: 0 - 4 years

11.30am - 12.25pm: 3 & 4 years

IF YOU MISS A SESSION YOU CAN DO A CATCH UP SESSION ON ANOTHER DAY WITHIN THE SAME TERM PLEASE ASK FOR FURTHER INFORMATION



CLUB CONTACT

Kindergym Coordinator: Raelene Osborn: Ph: 8353 4770

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